Checklist for Infant/Toddler Rooms:

If your child is in diapers/pull ups, you will need to provide:

- ✓ Enough diapers/pull ups for each day. We recommend sending one sleeve of diapers to be kept at the Center. We will notify you when we are getting low.
- ✓ Enough wipes for each day. We recommend sending a pack of wipes to be kept at the Center. We will notify you when we are getting low.
- ✓ Diaper cream to leave at the Center. Permission form for topical products/lotion is required for diaper cream. Found on our website or with our teachers.
- ✓ Extra change of clothes.

If you child is bottle fed, you will need to provide:

- ➢ Formula
  - ✓ Clean bottles and nipples for every feeding. Either prefilled with water from home or we have filtered water at the Center to use if need.
  - ✓ Desired amount of formula for each bottle. Recommended to leave a container of formula at the Center. We will let you know when we are getting low.
- ➢ Breast Milk
  - ✓ Clean bottles and nipples for every feeding
  - ✓ Enough breast milk for all day. Individual servings for each bottle can be stored in our fridge. Any unused breast milk will be sent home each day.
  - ✓ We must know the date the breast milk was expressed for each bottle.

If your child takes sippy cups, you will need to provide:

- ✓ Enough sippy cups for the entire day already filled.
- ✓ Sippy cup tops must screw on, snap tops are not permitted.

If your child is on food/cereal, you will need to provide:

- ✓ Enough food/cereal for the day.
- ✓ Clean spoons for each feeding.
- ✓ Bowl, if cereal or food is to be mixed
- ✓ A bib

If your child packs their lunch, you will need to provide:

- ✓ A lunch box with an ice pack.
- ✓ Drinks other than water must either be kept in the lunch box with an ice pack or in an insulated cup that will keep cold all day.
- ✓ Any utensils needed must be packed with lunch.
- ✓ We can not heat up any food.
- ✓ Please follow the Food Guidelines listed in the Parent Handbook.

If your child is potty training:

- ✓ Enough underwear (or pull ups) and spare clothes for all day accounting for many possible accidents.
- ✓ Spare shoes if possible.

- ✓ All of which can be stored in your child's cubby. We will let you know when we are running low.

According to State Regulations, CLC is not allowed to:

- ➢ Re-serve any food, drinks, milk, or formula that is leftover from a prior meal or feeding.
- ➢ We cannot reuse any bottles, cups, spoons, bowls, etc. that were used in a previous meal or feeding.

Changes for your child by age:

4 months:

- o At parents' discretion, parents can bring baby puréed food or cereal for your child for lunch and/or snack. Please try any new foods at home first.

6 months:

- o At parents' discretion, parents can bring solid foods and sippy cups for your child for lunch and/or snack. Please try any new foods at home first.

12 months:

- o At parents' discretion, parents can bring a blanket to be with your child in their crib.
- o Child can have unflavored whole milk instead of formula
  - o Must be in a lunch box with enough ice packs to keep cold all day long.
- o If walking, must have shoes for outside time.

18 months:

- o Rate changes from Infant Rate to Toddler Rate
- o Moves to Toddler Room, if enrollment allows
- o Toddler Schedule
- o No more crib, now sleeps on a cot
- o Gets vtech, educational, age-appropriate tablet time for a max of 15 minutes per day.
- o Stops Procare tracking of diaper changes, meals, naps, etc. unless specifically requested by parents to continue.
- o No more highchair, sits at a big kid table to self feed
- o Gets a big kid cubby
- o Can start the conversation about beginning potty training.

2 ½ - 3 years:

- o Moves to Preschool building when enrollment allows.
- o When in preschool:
  - o a cot nap mat is required for naptime- details in Parent Handbook.
  - o will be going outside in all safe weather. At 25 degrees or above to 90 degrees or below. Rain, snow, or shine. Dress child accordingly.
- o Toddler rate changes to Preschool rate at 3 years.